



## Maria Cosmetic Center

Skin Care & Laser Clinic

### Permanent Makeup

#### EYELINER

- \* Do not wear contact lens during the procedure or for 24 hrs after.
- \* Bring sunglasses to wear home. Eyes may be light sensitive.
- \* Do not dye, perm, or curl lashes for 2 days prior. If you have the individual glued on eyelash extensions, don't bother going for your next touch up knowing you have an eyeliner procedure coming up. The numbing creams, protective eye gels (GenTeal or Sustain), many eye washes and skin wipes during the procedure break down the glued attachment and they fall off. The lash extensions can be hard to work around, so it is a good thing they come off fairly easy. They are carefully removed so a lash with clump of glue doesn't fall in your eye and cause a scratch / corneal abrasion. You can have the lash extensions reapplied after 2 weeks.
- \* Discontinue use of eyelash growing serums like Latisse 2 months prior to procedure.
- \* If you have had any type of eye surgery, consult with the physician about how long you should wait before having a permanent eyeliner procedure. Most physicians are giving a 2 month okay after cataract, lasik, and blepharoplasty.

#### EYEBROWS

- \* Do not tweeze, wax, or dye brows for 2 days prior. Electrolysis not for two weeks prior. These guidelines are prevent surface irritation or under the skin inflammation present on the permanent makeup procedure day.
- \* Botox appointments should be timed either two weeks after the eyebrow tattoo date so the brows are already healed, or else time the eyebrow permanent makeup date 2 months after the Botox to reduce the chance of fresh toxins floating under the skin while healing from the brow tattoo.

#### LIPS

- \* If you get cold sores you will need an antiviral prescription. Physician usually instructs to begin taking it 3 days before procedure, for a 7-10 day course.



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\* If you have had any type of lip surgery, consult with the physician about how long you should wait before having a permanent makeup procedure on the lips. Most physicians are giving a 3 week ok after lip filler injections like collagen or Restylane. Permanent makeup artists have noticed poor color retention in lips that have received collagen injections within the previous 6 months, longer for restylane. There has even been a little pigment migration along lip edges with Restylane. It may be best not to have lip filler injections and permanent lip color within the same year. If the lip surgery involves an incision (like a lip implant), the incision needs to mature about 6 months before tattooing on top of it.

How easily a person swells and bruises may be affected by age, food and meds consumed, and hormonal cycles. I have seen everything from no noticeable swelling to bruising. Brows have minimal swelling, but the wet paint look is difficult to hide unless you have long bangs or big rim sunglasses. Eyes have moderate swelling, but can be easily hidden with sunglasses. Generally speaking, younger women's eyes swell less and the swelling goes down faster after eyeliner procedures. Older women have loose skin that provides a greater water holding pocket. Additionally, circulation and cellular turnover slows with aging. Lips can swell four times their normal size, and there is no hiding them. Request a few surgical masks if you are embarrassed to walk out of the building, or for use at home in case you have to answer the door, or make a trip to the store. After three or four days when the area is healed enough that you don't have to worry about infection, you can mask the area with other makeup/ powder/ lipstick while waiting for healing to complete.

How quickly a client returns to work depends on which permanent makeup procedure she had performed, and what type of occupation she has (greet the public, or works more privately in office). Eyes and brows are a breeze. Clients have eyes and brows done on Friday or Saturday and return to work Monday. Lips are a bigger ordeal. Clients usually have lips done on Thursday or Friday and return to work on Monday or Tuesday.



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